

LEADERSHIP BOOT CAMP



TOOLKIT

01: Know Yourself

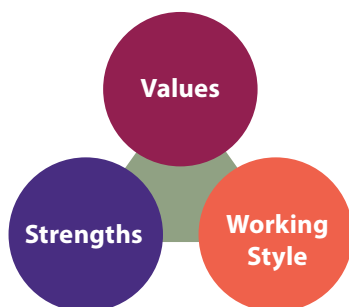
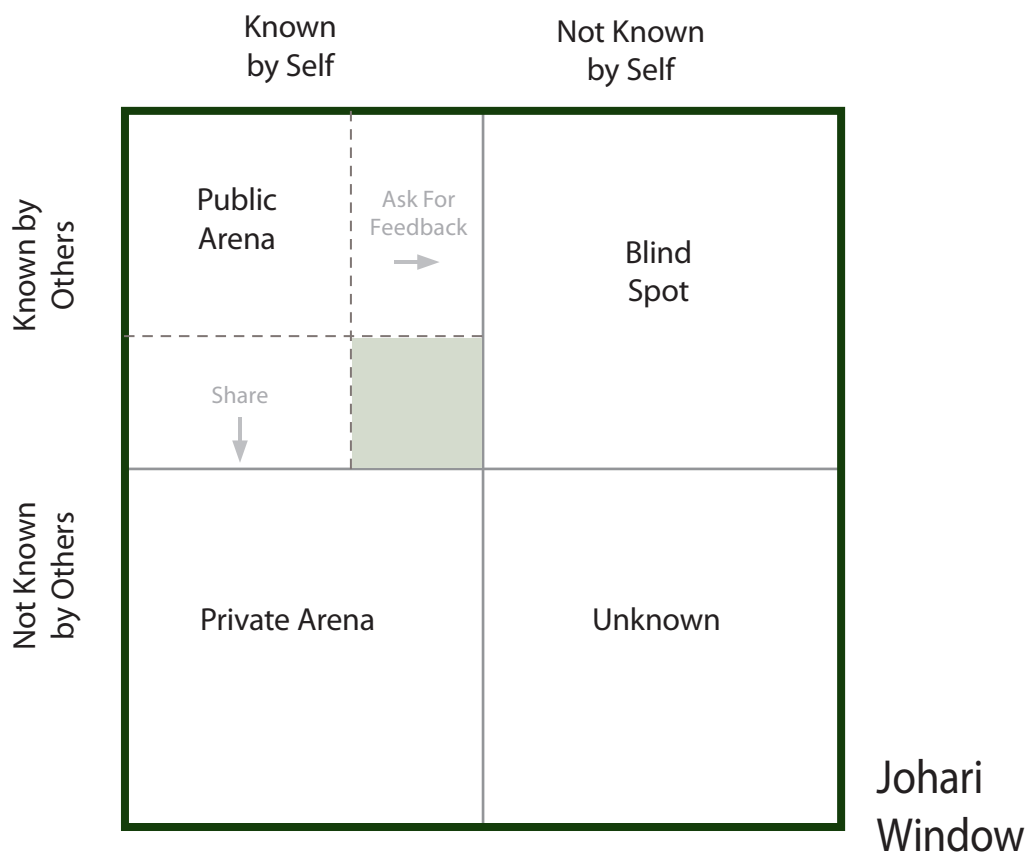




Know Yourself

Gain clarity on your values, your working style, and your unique strengths.

“It is only through sharing more of ourselves and asking for feedback that we gain clarity on who we really are. And then we are able to increase our authenticity and our potential to lead.”



Assess ► Discuss ► Reflect



Know Yourself

Worksheet

Use this worksheet to gain clarity on yourself. Use it to assess, discuss, and reflect on your VALUES, your STYLE, and your STRENGTHS.

Values	Assess	Discuss	Reflect
What are your top 5 values?	What tools have you been able to use to assess your values?	Which trusted colleagues will you seek feedback from to learn about your values?	What have you learned about your values that can help guide you in your role?
Working Style	Assess	Discuss	Reflect
How would you describe your working style?	What tools have you been able to use to assess your style?	Which trusted colleagues will you seek feedback from to learn about your style?	What have you learned about your style that can help guide you in your role?
Strengths	Assess	Discuss	Reflect
How would you describe your top strengths?	What tools have you been able to use to assess your strengths?	Which trusted colleagues will you seek feedback from to learn about your strengths?	What have you learned about your strengths that can help guide you in your role?